



Kenda Swartz Pepper

Kenda, the author of *Well Earth Well Me!*, reads at schools, community events, stores, and state parks. Educated in the field of Art Therapy Psychology and as one who whole-heartedly appreciates wildlife and the natural beauty in her environment,

Kenda delights in spending time with children and learning from their infinite wisdom, while empowering, teaching and supporting them to be stewards of the earth in their own authentic ways. In addition to her book, Kenda is a contributing environmental writer to various local publications and the Huffington Post. Her other activities include earth and animal activism, gardening, painting, travel blogging, photography, hiking, and hanging around outside with her husband and her dog.

Program Description



WELL EARTH WELL ME! (program for children) Kenda will read her book *Well Earth Well Me!* to a group of children, using a positive approach through singsong rhymes and colorful images. Her interactive techniques highlight the importance of caring for

the earth, oneself, and others with the intention to build awareness and empower children. Depending on the time allotted, Kenda includes a variety of activity options: She can discuss the monarch life cycle and its importance, work on an art project about gardening, or help the children write garden haiku. A presentation for at least one hour will include an art project in which the children color a picture of themselves taking care of the earth. The children then get to see their picture on the online art gallery at <http://www.wellearthwellme.com>.