

# Discover the Kitchen Garden

The Kitchen Garden is a joint project between Master Gardeners and the Family Food Educators to demonstrate how much food can be grown in a small space. The vegetables grown in this garden are canned, dried, frozen, eaten raw, and preserved so volunteers have fun, learn a lot, and eat their fill.

## Look for:

- The height of the growing beds is suitable for people with varying abilities, and demonstrates back-saving gardening techniques.
- The square-foot beds allow more plants to fit into a small area. The beds are pre-measured to ensure adequate spacing between plants.
- Check labels on each vegetable; you may find varieties you've never heard of before. It's important to label seeds when you plant them, and to label plants during transplanting so you remember what did well in your garden and what you enjoyed eating.

## Garden Tips:

- Plant tomatoes deep so that they can grow adventitious roots out of their stems. Plant them so that they are laying down or so that they are buried to their first set of big leaves - this might mean 5-6 inches deep!
- The growing season in Southern Oregon ranges from early May to mid- October, which means we have plenty of time to grow all kinds of wonderful food.
- Using livestock paneling like you see in this garden is a great way to create vertical space and increase the growing area of your garden. Trellis cucumbers, melons, beans, peas, and flowering vines!

