



*"We learn, practice and teach the art and science of gardening in the Rogue Valley."*



# Garden Beet

Jackson County Master Gardener™ Association

## Gardening as a mental health benefit

When your Board of Directors met via Zoom a couple of weeks ago, we remarked at how well everyone was looking. We seemed like a pretty cheerful bunch too, despite the constant stream of bad news over the past weeks and months. Wonder why? Maybe it's because we are all gardeners!



**President**  
**Ronnie Budge**  
Master Gardener  
2011

This notion was reinforced by an article I read in *The New Yorker* of Aug. 24. In it, Rebecca Mead reviews a new book by a British psychiatrist and psychotherapist, Sue Stuart-Smith, called *The Well-Gardened Mind*. Although Stuart-Smith "had long viewed gardening as outdoor housework," her interest in the benefits of gardening to mental health grew after marrying Tom Stuart-Smith, one of Britain's best-known garden designers.

A new understanding of the connection between mental health and gardening has led primary care doctors in Britain to recommend volunteer work in local community gardens to their patients, as sometimes being as beneficial as talk therapy or antidepressants. Some hospitals incorporate gardens because their patients recover more quickly from injuries if they have

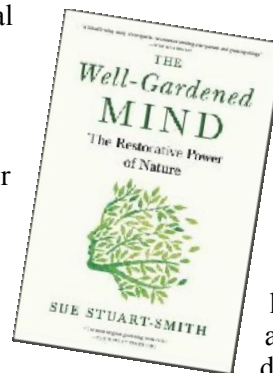
access to outdoor spaces with plants. And believe it or not, laboratory rats whose cages contain soil and logs are said to be more energetic and sociable than those caged with a wheel, a ladder, and a tunnel.

A garden, according to Sue Stuart-Smith, can be a space where the inner and outer worlds coexist, a meeting place for "our innermost, dream-infused selves

and the real physical world." Gardening, because of its meditative and repetitive aspects, may be a form of play for grownups who have otherwise stopped playing and may be especially helpful for those suffering from PTSD. Working the soil in a garden allows a person to be alone and enter his own world, which can help heal a mind wounded by grief.

And for those of us who spend more time than we should seeking year-round perfection in our gardens, the Stuart-Smiths say that can be at odds with the satisfactions that gardening can promote. "A garden is fundamentally a process – there is change and sometimes it is dying and sometimes it is

hibernating." We should aim for "good-enough...it's much more to do with how you feel about your garden than how it looks. It could be that your garden is the most fantastic mess, but if you love it, because there's a fox living in one corner, and a lot of snails whom you know personally by name [well, I don't know about that!], and you have a sort of in-depth relationship with it, then it's a good-enough garden."



In Britain as in the U.S., there's been a big increase in the amount of time people have spent gardening during the COVID-19 crisis. (Although there already was a huge interest in gardening in that country. Eight out of ten people in Britain live in a home with a private garden and half of all adults already did some sort of gardening.)

This may not reflect just a desire to grow one's own food in the face of uncertain supplies, or a way to use our time productively when we can't socialize. With the loss of our ordinary way of life, Sue Stuart-Smith suggests, "Gardening has been a solace to so many...because it invokes the prospect of some kind of future, however uncertain and unpredictable it may be."

So, stay healthy, everyone – by gardening!



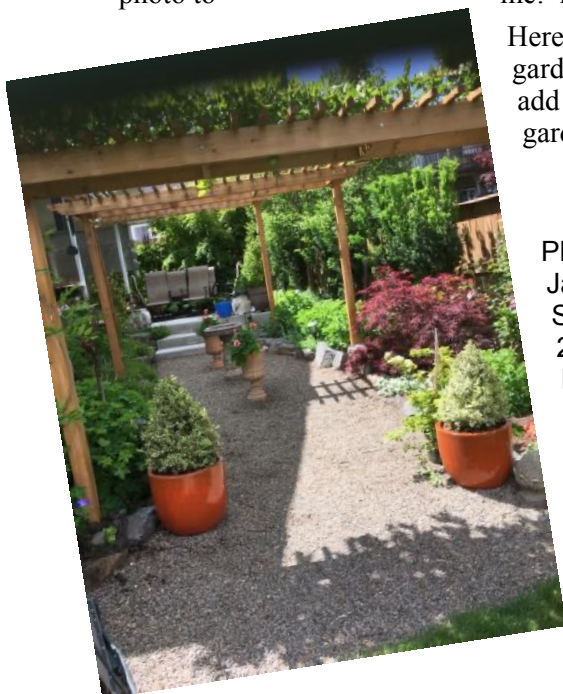


by Janine Salvatti  
Master Gardener 2019

Art in the landscape runs the gamut from simple to the sublime. Rustic, whimsical, modern, English, or French garden style? Mine is decidedly eclectic, maybe it could be described as "modern random". This is code for whatever makes me smile.

Please share your garden art. Email a good quality closeup photo to me: [lesandjanine@gmail.com](mailto:lesandjanine@gmail.com)

Here are some photos of local garden art that might inspire us to add or create art for our own gardens.



- Photos, from top left: 1) Jacksonville gardener Alison Stevens has this unique object in her eclectic garden. 2) Another Jacksonville gardener, Cynthia Griffin, found this wonderful "spirit house" on a roadside with a sign "free" attached to it. It was a little the worse for wear but she rehabbed it and has it in her bird feeding area with other unique objects. 3) Alison Stevens treated this exterior wall with art she created herself. 4) Our own Kari Gies has been making some marvelous mosaic stepping stones. Her grandkids gave her a hand. This is a great DIY project that can be done on small rocks, pre-made stepping stones like Kari used, birdhouses, your imagination is the limit. 5) Garden art can be structures such as arbors.



# November Garden Checklist

Goodnight, sweet garden...

Except for cool weather veggies, November heralds the end of the gardening season for most folks. The dazzling leaves of orange, yellow, and red that caused us to swoon are now blanketing our yards and looking tatty. Have we had our fill of gardening, ready to kick back with some hot chocolate and a good book? What is left to do to close out the gardening season?

If you still have unplanted bulbs, it is not too late. They are so forgiving! Do you have a planting auger? This is one of the gardener's best friends! What a wonderful labor-saving tool.

Attach this to your power drill and it drills a hole just right for bulbs. Drill multiple holes close together for larger plants. It works in most soils, including clay. One caveat though. Go gently. Use intermittent pressure but do not force. The auger can "grab" and twist the whole drill and with it your wrist.

Clean up fruit and vegetable debris in any garden beds to avoid overwintering pesky diseases. Avoid adding diseased trimmings to the compost pile.

Check the urge to prune or cut back plants as part of a tidy-up until you have confirmed the best time of year to do this for the SPECIFIC plant. Pruning now will encourage new growth which will not have time to harden off prior to frosts, causing more harm than good. You can prune out dead and diseased wood anytime.

If you fertilize, autumn is prime time to fertilize your lawn using one with a lower nitrogen and higher potassium content than would be used during the summer. This will strengthen roots and the lawn will be ready to start good growth in spring.



## Garden Guide

by Janine Salvatti  
Master Gardener 2019

Drip irrigation, faucets, and hoses need to be drained and protected against frost. Don't wait until you have broken spigots or worse.

As you attend to winter prep for irrigation, remember that our critter friends still need water. Leave frost-protected easy hose access near your bird baths and fountains. Cover birdbaths and fountains you don't plan to use to avoid standing/freezing water. Freezing water

expands and can crack the concrete.

Breakout birdfeeders if they have been in summer storage and restock seed. If you feed hummingbirds, you might think about purchasing a warmer for your feeders. Old-fashioned Christmas lights can work wrapped around the columnar type feeders. Wild Birds Unlimited carries a very nice warmer for the donut-shaped feeders. These work like a charm. It was so nice not to have to bring the feeders in at night or microwave them in the morning!

Mulch – we talked about types of mulch in last month's *Beet*. Now it's time to mention a few cautions for application. Hydrate the soil before you mulch. Moisten the mulch as well to encourage unobstructed filtration of water into the soil. A layer of mulch

3–4" is desirable. Do not mound up mulch against trees or shrubs because this can smother the plant and is conducive to rot and diseases. Keep a clear ring around tree flares of between 12" to 18". Most shrubs need a clear ring of about 8" to 12" at the base of the plant. The exception to mounding mulch might be frost-sensitive bulbs. Do cover them with a generous mound of mulch or straw and remove in the spring as the shoots break ground.

By now our houseplants are safely back inside. I recently discovered an interesting podcast, *On the Ledge*, that is exclusively about houseplants of all varieties and culture needs. It's timely since our gardening energy needs someplace to go! You might also reach out to [Brooke Edmunds](#) for the OSU Master Gardener Houseplant project to see if there is still time to enroll for this course. It looks really interesting!

If you are reading the *Garden Beet*, please give us some love via your emails. It's hard to know if we are simply writing for our own entertainment. What topics would you find relevant to your gardening experience?

Sending you autumn wishes for a safe Thanksgiving. It will be different this year. Is anyone doing a Zoom dinner?

---

## References & resources

Check out OSU's [November Garden Calendar](#)

[Garden Guide for the Rogue Valley](#)

BBC television [Gardener's World](#) (Monty Don, presenter)

[On the Ledge](#). A podcast on houseplants with Jane Perrone

*The Pruner's Bible: A Step-by-Step Guide to Pruning Every Plant in Your Garden* by Steve Bradley is an excellent book!

# A tale of five chicks

As President Ronnie Budge reported in the September *Garden Beet*, I'm keeping busy and entertained these past months by a small flock of chickens.

Last March when COVID-19 hit, I knew I wouldn't be getting together with all my grandkids and little great-grandkids and I also knew I wanted something alive to care for. (Although plants are my love, they don't bark, meow or entertain me with their antics.) So, I took advantage of the five free baby chicks offered by the Grange plus the last two Araucanas they had still available. A lot of other Rogue Valley residents must have had similar thoughts about raising chickens, judging from the numerous customers that day.

One tale I heard was about a lady who got some chicks, a coop, feeding and watering containers, a heat lamp, starter feed, shavings ... the whole needed enchilada! Then she heard it was going to be four months down the road before getting those first eggs, and she loudly exclaimed, "What?! I'm not waiting that long!"



## Peggy's Propagation

by Peggy Corum

Master Gardener 1989

and cancelled the entire order.

Must say, I had a lot of fun selecting and naming my chicks. The two cute little blondes are Goldie Hahn ... whoops, I mean "Goldie Hen"... and Dolly P, because Dolly P had a habit of roosting on top of the feed container and depositing debris over the side.

The white chick is "Flipper" because she can flip the shavings clear across their coop. Now, she's a bit of a bully, flipping off the other hens as she runs through them or on top of them; whatever it takes to get where she wants to go.

The two black chicks are Hickity & Pickity. You know, from the old English nursery rhyme's "Hickity, Pickity my black hens; they lay eggs for gentlemen; gentlemen come every day to see what my black hens doth lay."

The two Araucanas are Elvira and Eggberta and they are giving me those pretty blue eggs.

It seems to me you often get a surprise rooster among your new chicks and I had a name picked out, just in case: Noah, meaning there would be no-ah eggs from this one. That name is still in reserve. Maybe next time.

My granddaughter likes ducks. She ordered six, reporting that all are "boys!" When that became apparent, she ordered more, and is guaranteed "girls" this time.

Raising birds and/or animals requires a sense of humor, right? Something similar to raising a dwarf plant that reaches skyward! Hopefully, we'll get back to plants, next year.

---

## Have you voted for JCMGA?

If you have not yet voted in the JCMGA election for 2021 Board members, today is the perfect day to do so! At least it is if you are reading this before Nov. 7, since the election ends at midnight Nov 6. Simply go to the Jackson County Master Gardener Association website ([jacksoncountymga.org](http://jacksoncountymga.org)), click on "Member Login" in the



green band at the top of the home page, enter your username and password, and once you're in the Green House – where JCMGA

JCMGA organization and would appreciate your vote of confidence!

members reside – scroll down to the "Vote – 2021 Board of Directors" section on the right of the page. If you have forgotten your username or password, email [Marcia Harris](mailto:Marcia.Harris@jcmga.org) at and she can assist you. Board members work diligently for the

# Happy New Year! (for Master Gardeners)

Nov. 1 is the first day of the Master Gardener year and November signals the beginning of our membership renewal season.

This year, in an attempt to make renewing as comfortable as possible for all potential JCMGA members, we are planning to offer three different ways to renew. You can choose whichever works best for you. You will also notice that this year we will only request one JCMGA contact information/interest/expertise form with your dues payment. Since Erika Szonntag, our Master Gardener Coordinator, already has access to the necessary computer program DocuSign, Erika will contact you about signing the two required OSU forms: the Conditions of Volunteer Service and the Code of Conduct.

For those who delight in using their computer for purchases, this year we will have an entirely online renewal option. You will be able to complete the JCMGA form online and pay the \$25 membership dues through PayPal. The only downside to this is that PayPal charges us about \$0.75 for each transaction. However,



## MEMBERSHIP RENEWAL BEGINS

the Board has recently approved our participation in the PayPal donation program, in which the complete amount of any donation comes directly to JCMGA; this may help offset the PayPal loss.

A second option will be to print out the JCMGA form and mail or bring it and a check to the Extension Office as we have done in the past. (Cash is also accepted if you bring, rather than mail, the form. If you choose to do this, you only need to copy the single renewal page that you fill out. You do not need to print and return the direction page.)

Finally, paper renewal forms will be sent to potential JCMGA-ers who

do not have access to email. In addition, others who need to have a paper copy sent to them will be able to request one on the informational membership renewal Mailchimp they will receive towards the middle of the month.

The 2021 dues are \$25. Life Members who have contributed so much to JCMGA and 2020 students, many of whom will be completing their MG training and volunteering in 2021, do not have to pay membership dues. However, if a Life Member or 2020 student is planning to volunteer in 2021, it would be helpful to complete and submit the JCMGA contact information/interest/expertise form so we know your areas of interest/expertise. This form also helps the Membership Secretary verify that the contact information she has is correct, so please be sure to complete and return the form, especially if your contact information has changed or you plan to volunteer.

So, open the champagne and let's celebrate a new Master Gardener year!



Every time you shop at the Grange we can earn money! How cool is that? Whenever you shop at any of the Grange Co-Op locations, tell the clerk you are a Jackson County Master Gardener and they will credit our account with the amount of your purchase. At the end of the year, JCMGA will receive a percentage of all our accumulated credits back in the form of cash! This is like free money since we all buy plants, tools, and garden supplies. This is one of the simplest and easiest fundraisers we can do.

## Lend a hand

*It takes a lot to keep us moving.  
Here are some of the ways you can pitch in and help.*

...

Do you have skills in photography, video development and editing?

Because COVID-19 has forced cancellation of our classes and workshops, the JCMGA Board is considering launching a Rogue Valley Gardening YouTube channel.

We're looking for members who have any combination of photography, video development and editing skills who can help provide the Rogue Valley community with online gardening advice.

If you have the skills to help with the creation of these short gardening presentations, please email [Jim Buck](#).

The JCMGA website is looking for a few people to help out. This will be mostly uploading stories and updating things like the calendar. Training is provided. Knowledge of HTML is not needed.





# Around the globe

Although some claim it may well take 80 days to take a world-wide trip, for this particular globe, one need only proceed to their nearest garden plot.

The globe artichoke, *Cynara cardunculus* var. *scolymus* (also known as green or French artichoke) has a most incredible, well, global, history. It was first noted by the Greek philosopher and naturalist, Theophrastus, 371-287 B.C. How amazing is that?

Its story continues. Pedanius Dioscorides (40-90 A.D.), a Greek physician, noted artichokes about the time of Christ. Ancient Greeks and Romans considered them delicacies and aphrodisiacs, and they were said to secure the birth of boys. They were also cultivated around 800 A.D. by North African Moors.

The artichoke, a thistle member of the aster family (*Asteraceae*), also has its own legend that might be the source for its scientific name.

As told long, long, ago, when the Greek god Zeus saw a beautiful young mortal called Cynara, he transformed her into a goddess. However, when Zeus discovered that a homesick Cynara had snuck away to her mortal world, he was so angry that he turned her into an artichoke. Hence, *Cynara cardunculus*, var. *scolymus*.

It's also thought the Saracens introduced artichokes to Italy. This may explain how "al-qarshuf", Arabic for thistle, became "articiocco", and "articoclos", (meaning pine cone), in Italian. Eventually it became "artichoke" in English.

**Gardening Gourmet**  
by Sydney Jordan Brown  
Master Gardener 2000



They were cultivated in France in the mid-1500s and later appeared in print in Martha Washington's 18th-century *Booke of Cookery* in the recipe "To Make Hartichoak Pie." However, their roots didn't touch U.S. soil until the 1800s when they arrived

---

## Did You Know?

- ◆ Artichokes are one of the oldest foods known to humans.
- ◆ There are more than 140 varieties of artichokes today.
- ◆ Most are cultivated in France, Italy and Spain.
- ◆ California provides nearly 100% of the U.S. commercial crop.
- ◆ 90% of those come from Castroville, CA which proclaims itself the "The Artichoke Capital of the World."
- ◆ Only men could consume artichokes in the 16<sup>th</sup> century, since it was considered an aphrodisiac thought to enhance male sexual power and was denied to females.
- ◆ Marilyn Monroe was the first official California Artichoke Queen in 1949.

courtesy of Italian immigrants who, for a short period, cultivated them commercially in Louisiana.

In the early 1900's, Andrew Molera leased his land in Salinas, California, where he encouraged sugar beet-growing Italian farmers to propagate, you guessed it, artichokes. Although that area of California is ideal, artichokes will grow in most home gardens.

This incredible perennial plant puts out a plentiful offering, whether in the landscape or vegetable garden. Even if you don't indulge in eating its buds, its 5-6" diameter dusky-sage deeply-cut leaves gracefully arching like huge wings will illuminate your landscape.

As spring progresses, ridged stalks will shoot up nearly 4' high to present pinecone-shaped buds (those edible "vegetables" we consume). But that's not all. When left to develop further, buds explode into the most extraordinary brilliant violet-blue flowers. They're truly a crowning glory to behold.

Purchase plants (getting desirable plants from seed is very unpredictable) to put out in early spring so you may dine and be dazzled by summer.

With nutrient-rich, well-drained soil in an area with afternoon shade, generous irrigation and supplemental fertilizing, your artichokes should survive and thrive, thrilling you for many years to come.

---

***Savory stuffed artichokes***  
***Page 8***

---

## Recipe: *Savory stuffed artichokes*

### Ingredients

4 artichokes, washed,  
leaf tips trimmed and  
stems removed

2 tablespoons extra  
virgin olive oil

5 oz mushrooms,  
chopped coarse

½ red onion, diced

1 sweet red pepper,  
diced

3 cloves garlic pressed

2/3 cups petite green  
peas (fresh or if frozen,  
thawed)

½ cup sliced Kalamata  
olives, sliced

1 ½ cups cooked brown rice,  
quinoa, faro, or freeka (find at Food 4  
Less or Natural Grocers)

½ cup plain Greek yogurt

14 oz fresh cooked or canned red  
salmon (or pink)

8 oz shredded Italian blend cheese  
(Trader Joe's Quatro Formaggio)

Juice and zest from one lime

2 teaspoons fresh rosemary, minced

Sea salt and fresh ground pepper

Fresh basil leaves or minced



parsley

½ cup sliced toasted almonds

½ cup fresh homemade or  
purchased pesto

### Directions

Steam artichokes in strainer of  
large cooking pot over low heat for  
50 minutes. Remove from heat and  
let cool enough to handle. Press  
down with palm of hand to loosen  
leaves enough to part and remove  
furry choke from middle.

Heat oil in sauté pan and cook  
mushrooms, onion, red pepper, garlic

and rosemary until limp,  
about 5 minutes. Remove  
from heat and gently mix  
with chosen cooked grain  
and yogurt in large bowl.  
Add lime juice, sea salt  
and pepper to taste, cheese  
and salmon.

Fill cavities of artichokes  
with mixture and  
microwave them one at a  
time, (cover with plastic  
wrap or silicone cover) 2  
minutes on high. Sprinkle  
with fresh basil leaves or  
parsley and sliced  
almonds. Serve with pesto  
for dipping leaves.

*Makes 4 servings (may easily be  
halved for 2)*

---

### Seed sources

Grange Co-op  
<https://www.grangecoop.com/>

The Garden Shoppe  
2327 Charles Ln., Medford

One Green World Nursery  
[www.onegreenworld.com](http://www.onegreenworld.com)

They have Green Globe, Imperial  
Star, and Purple Italian Globe plants

---

## Beet takes its stories online

The Beet is expanding its  
online presence!

After months of planning by the  
Communications Working Group,  
the stories you see in the Beet each  
month are now also available  
online.

Just go to the JCMGA website  
and click on [Garden Beet  
newsletter](#) in the green bar at the  
top of the home page. It will take



you to most of the Beet's content in  
addition to the Beet's archives.

This gives an extra way to keep  
up to date with what's happening  
at the Extension and around the  
Master Gardeners Association.

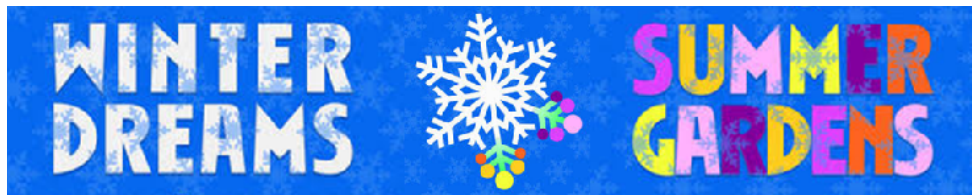
You'll also be able to download a  
PDF of the current Beet in the  
same spot.

The Beet will still be available in  
print to those who subscribe.

Watch for more changes to the  
website in the coming months.

# Virtual Winter Dreams/Summer Gardens planned

The annual Winter Dreams Summer Gardens (WDSG) fall symposium cannot be held at our typical Rogue Community College venue. But, we don't want to completely nix this popular fall event. Instead, Ronnie Budge and Lynn Kunstman have agreed to share their gardens



with us...virtually. On Saturday, November 7<sup>th</sup>, we will present: "*A Visit to Ronnie's Garden*" and "*Lynn's Garden Tour*."

This is being offered without

charge as a "thank you" to all of you who have supported and participated for so many years. Viewing details will be sent out to the general JCMGA membership and past WDSG participants via Mailchimp.

Hope you can join us.

---

## 2020 Jackson County Master Gardener calendar

Due to COVID-19, events and classes have been cancelled for the foreseeable future. Webinars and JCMGA meetings are being held via Zoom. Contact Ronnie or Kate for the Zoom link to board and Communications Committee meetings.

**Growing a Pollinator Garden |**  
Saturday, Nov. 7, 2-3 p.m. | Jackson County Library – Medford Branch is hosting Kristina Lefever, President of Pollinator Project Rogue Valley, for a Zoom class on the essentials of growing pollinator habitats. Who are our pollinators, and why are they important? What challenges are they facing, and what can we do to reverse their population declines? Kristina's presentation will answer these questions in the hopes that others will 'bee' inspired to become pollinator champions, and begin looking at landscapes with this question in mind: "Would a bee like to live here?" Zoom meeting details will be emailed to you when you register.

**Gardening in the Rogue Valley |**  
Wednesdays, 8:35 a.m.-ish | Lynn Kunstman is a guest on the Jefferson Exchange Wednesday mornings to answer radio listeners' questions about gardening. Tune in to Jefferson Public

Radio's News and Information station at 102.3 FM or 1230 AM. The starting time may vary due to the nature of news programs.

**Communications Committee |**  
First Monday of each month | 1 pm – 3 pm | *Kate Hassen, chair*  
Subcommittees include the Beet, Mailchimp, Facebook, and Public Service Announcements.

**JCMGA Board meeting |**  
Second Friday of each month | 9:30 – 11:30 am | *Ronnie Budge, president*

\*\*\*

Webinars from the 2020 series of Advanced Training Webinars for Master Gardeners sponsored by Oregon State University Extension are available here.

### Shop at Amazon? Support Master Gardeners™

Do you shop with Amazon? Here's a great way to support the Jackson County Master Gardeners™:  
Shop at [smile.amazon.com](https://smile.amazon.com)!

How does it work? Go to [smile.amazon.com](https://smile.amazon.com) and login the way you normally login to Amazon or Amazon Prime.

Right under the box where you'd search for items to buy, click on the "Supporting:" button. Go down to "Pick your own charitable organization." Type in **Master Gardeners Association**. This will bring up a list of similar programs. **Make sure to select the one in Central Point!**

That's it! Now every time you make a purchase at [smile.amazon.com](https://smile.amazon.com), the Amazon Smile Foundation will donate 0.5% of your purchase to the Jackson County (Oregon) Master Gardeners.

Help us continue to support the Master Gardener program – and please send this to all your





# Recycle ... and help support JCMGA



Jackson County Master Gardener Association is trying to raise funds for projects in 2020, including awards, scholarships, community gardens and community education classes.

One way for us to pick up a little spare change is by recycling the bottles and cans that you have around the house.

Mobilize your family, friends and neighbors – collect cans and bottles from them all! It's for a great cause!



How to do it? Pick up a special blue bag during Monday thru Friday, in the Extension lobby. Please pick up no more than two bags at a time.

Fill each bag to the brim! JCMGA is charged 40 cents for each bag to participate in the fundraising process so every little bit more in a bag adds up. We lose 20 cents for every bag that ends up sitting in someone's garage.

For more information, contact Jane Sawall at 541-301-5412 or email her at [Janes435@outlook.com](mailto:Janes435@outlook.com)



## Recycle this!

Water, beer, and soda bottles and cans along with most other beverages, including tea, coffee, energy and sports drinks, hard cider, fruit juice, kombucha, and coconut water.

**Once your blue bag is (very, very) full, take your bottles and cans to:  
Medford Redemption Center, 1179 Stowe Ave., Medford from 7 am-7 pm  
Allied Environmental Services, 2645 Avenue G, White City 8 am-4:30 pm**

*Don't wait in line at the Medford Redemption Center! The drop door location is at the side of the building. Simply scan the bag tag to open the secure door. Up to 10 blue bags can be dropped at a time.*

We are no longer accepting drop-offs at the Extension.



# Jackson County Master Gardener Association

## Board of Directors Executive Committee Meeting

### Oct. 9, 2020

#### Announcements

1. Sandy Hammond announced extra houseplants have been donated to Asante Women's Imaging. The technicians took some but most will be given to women whose mammograms show abnormalities.

2. Sandy Hammond announced *Garden Guides for the Rogue Valley* stored at Regina Boykins' home in Ashland burned in the Almeda fire. It is hoped they will be covered by FEMA insurance.

3. Sandy Hammond announced a refund of \$365 from the insurance policy that covers Spring Garden Fair and Winter Dreams Summer Gardens.

4. Annette Carter reminded working group chairs that budgets are due to her on Oct. 20.

5. Roberta Heinz announced \$1,729 was donated to JCMGA from the community plant sale and pop up sales. Leftover garden equipment was donated to Habitat for Humanity. Thanks were extended to Lynn Kunstman for advertising through her



**Recording Secretary**

**Jane Moyer**

**Master Gardener 2005**

Facebook page and restocking the sales.

6. Sandy Hammond announced there will probably be no 2020 Holiday Gala due to COVID-19.

7. Barbara Davidson announced Master Gardeners had donated a large number of garden tools to Habitat for Humanity for use in cleanup efforts from the Southern Oregon fires. She thanked Sandy Hansen and Janine Salvatti and their husbands for help in transporting the tools.

8. Lynn Kunstman announced an

online class, "Gardening for Fall," taking place Oct. 9.

9. Ronnie Budge announced a film, *Kiss the Ground*, on innovative ways to sequester carbon, showing on Netflix.

10. Kate Hassen announced \$250 has been earned from the redeemable bottles and cans drive. Jane Sawall announced the blue bags are now available in the Extension lobby during regular office hours.

#### Updates on Jackson County Master Gardener Program

Erika Szonntag announced Celebrate Master Gardener Week Oct. 26-31. Events will include:

- Film festival featuring three film viewings (The Love Bugs, Land Grab: The Movie, and The Five Seasons: The Gardens of Piet Oudol), discussions, and Q&As with filmmakers and/or local experts.

- State of the Master Gardener Program address with Dr. Gail Langellotto

- Beneficial Insect Trivia Game and Discussion

Erika also announced 4-H is interested in taking over the Children's Garden. (Roberta Heinz is retiring from the Children's Garden program and no one has been found to replace her.) It could also be used for Seed to Supper. Barbara Davidson suggested 4-H look into using the Junior Master Gardener Program. Roberta Heinz will be organizing supplies and equipment in preparation for handing it over. Seán Cawley will plant winter cover crops in both the Children's Garden and the Kitchen Garden.

#### Treasurer's Report

Treasurer Annette Carter reviewed the details of the Treasurer's Report which can be found in Dropbox.

#### Roberts Rules of Order Cheat Sheet

We are a decision-making body. Although we do have reports listed on the agenda, most reports are filed on Dropbox to conserve time. To keep the focus on decision making, we need to understand the following procedure:

To speak in the meeting, you must be recognized by the Chair (and/or be on the agenda.

To discuss something, you must make a motion about it. (Usually best to write the motion out or prepare something ahead of time.)

To make a motion, say "I move to \_\_\_\_\_". The motion needs a second. Say, "I second the motion."

Debate should be on the subject and not personal.

Or someone says, "I move the previous question." If this happens, we vote on calling the question. We need 2/3 vote to stop the debate.

The chair will repeat the motion and a vote will be taken.

*Continued on Page 11*



## Board minutes: Oct 9

*Continued from Page 10*

### Motions

**Motion re: budget for online membership renewals:** Patrice Kaska moved on behalf of the Member Services Working Group that the Board increase the Ballots/Member Renewal line item for this year to \$450. Approval was unanimous.

**Motion re: nominees for 2021 JCMGA Board:** Lynn Kunstman moved, on behalf of the Nominating Committee, the JCMGA Board of Directors accept the proposed slate of candidates for the 2021 Board elections as listed:

- President-Elect - vacant
- Treasurer - Annette Carter
- Assistant Treasurer - Roberta Heinz
- Recording Secretary - Jane Moyer
- Membership Secretary - Patrice Kaska
- Archivist - Pam Hillers
- OMGA Representative - Barbara Davidson
- Members at Large:
  - Colet Allen
  - Kathy Apple
  - Marcie Katz
  - Regula Pepi
  - Margaret Saydah
  - Devyn Schneck

Unanimous approval. (The remaining board positions are president and past-president plus representatives appointed by the working groups.)

**Appoint tellers for Board election:** President Ronnie Budge announced the tellers for counting the ballots. The JCMGA by-laws require the Membership Secretary (Patrice Kaska) and the Recording Secretary (Jane Moyer) be appointed tellers along with one other member appointed by the president. Pam Hillers agreed to fill this position.

**Motion re: Native Plant Gardens Tour:** Jim Buck moved JCMGA

sponsor and organize a native plants garden tour to be held in the Spring of 2021, exact date to be determined. JCMGA will provide organization, funding for publicity, and personnel to support this tour, whether it be virtual and/or in-person. The tour will comply with all OSU guidelines.

Barbara Davidson seconded. Nineteen board members voted in favor with one opposed. Motion passed. Barbara Davidson, Janine Salvatti, and Colet Allen volunteered to assist chair Sherri Morgan in organizing the tour.

**Motion re: Fred Meyer Community Rewards:** Sandy Hammond moved the JCMGA Board of Directors accept the Fred Meyer Community Rewards Program as an additional Fundraising Working Group program. Nineteen board members voted in favor with one abstention.

**Motion re: PayPal Giving:** Sandy Hammond moved the JCMGA Board of Directors accept the PayPal Giving Fund as an additional Fundraising Working Group program. This would allow us to add a donation button to our website with the donation being made through PayPal but with no fee charged. Unanimous approval.

**Motion re: donating plants to fire victims:** Lynn Kunstman moved that JCMGA donate up to 1/2 of current nursery stock from the Native Plant and Propagation Gardens to local agencies and individuals working to restore public and private landscapes damaged by the Alameda fire. Barbara Davidson seconded the motion. Jane Moyer moved to amend the motion to have plants available to landscapes damaged by any of the Southern Oregon fires. Both Lynn and Barbara agreed to the amendment. Nineteen board members voted to approve the amendment with one no vote. The vote to pass the amended motion was unanimous.

**Motion re: minutes on website:** Kate Hassen moved to place the

JCMGA Board of Directors meeting minutes on the public side of the website. Keltie Nelson seconded. After discussion, one member voted yes, 18 voted no, one abstained.

**Board names on website:** Kate Hassen moved the names of JCMGA Board of Directors be added to the website. Susan Koenig seconded. After discussion, the motion was withdrawn. Barbara Davidson moved the Communications Working Group be given authority to decide JCMGA information appropriate for the public side of the website and the members-only side. Susan Koenig seconded. Eighteen members voted in favor of the motion, one voted against, with one abstention. Kathy Apple suggested some broad guidelines for the CWG to consider about information non-profits should include on the public vs. member sides of their websites.

**Celebration for OMGA award recipients:** Lynn Kunstman reintroduced the topic of doing something for awards winners besides giving them certificates. Janine Salvatti and Jane Moyer agreed to come up with ideas.

**School grants:** Barbara Davidson reported on 2020 school grants. Some schools were able to use them before schools closed; some still had the money. Jane Moyer moved that schools be awarded grants for either 2020 or 2021, but not both. Roberta Heinz seconded. After discussion, the motion and the second were withdrawn with the agreement that the School Grants Committee and the Budget Committee would work together to develop the 2021 budget at a rate lower than 2020.

**Virtual WDSG event:** Rebecca Jurta described a free Winter Dreams Summer Gardens virtual presentation on Nov. 7 with two classes by Lynn Kunstman and Ronnie Budge.

**Next meeting: Friday, Nov. 13, 2020, 9:30-11:30 a.m.**

## Beet Box

Editor: Jack Ivers

Copy editors: Lisa Brill, Maxine Cass, Keltie Nelson

Photography: Seán Cawley

Email us at [jcmgabee569@gmail.com](mailto:jcmgabee569@gmail.com)

The ***Garden Beet*** is published monthly by the OSU Jackson County Master Gardener™ Association, Southern Oregon Research and Extension Center, 569 Hanley Road, Central Point, Oregon 97502.  
541-776-7371 | [jcmgabee569@gmail.com](mailto:jcmgabee569@gmail.com)

All articles and photos are due by the 15th of the preceding month and have a maximum of 500 words. Photos submitted cannot be less than 600x800 pixels.

Oregon State University Extension Service offers educational programs, activities, and materials without regard to race, color, national origin, sex, or disability as required by Title VI of the Civil Rights Act of 1964 and Title IX of the Education Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973. Oregon State University is an Equal Opportunity Employer.

All information provided by the Garden Beet is believed to be accurate. A product named in an article does not constitute an endorsement by JCMGA.



### Just one more thing ...

Unexpected glass art objects were found in the Chihuly Garden and Glass located in Seattle by Janine Salvatti.



[www.facebook.com/jcmgaor](http://www.facebook.com/jcmgaor)



**JACKSON COUNTY  
MASTER GARDENER™ ASSOCIATION**  
Southern Oregon Research and Extension Center  
569 Hanley Road, Central Point, OR 97502